

NLP Solutions

Which NLP Practitioner Training Course?

NLP Solutions does not recommend or endorse any particular training provider that runs courses leading to practitioner certification at any level.

We strongly believe that independent, personal research should form an important part of each person's decision to embark upon any training course, and that conducting this research will ultimately lead to greater fulfilment of individual objectives. Becoming aware of your reasons – current and future - for taking an NLP training will enable you to reach a better decision.

There is a wide range of courses available. Some are more expensive and time consuming than others, however NLP is a practical subject and the more face to face training you can afford, the more confident and prepared you'll be outside the training room. As a general guide, you get what you pay for.

If you are at all considering neurolinguistic psychotherapy as a profession, please check the NLPtCA accreditation criteria as they will only accept certain courses that tend to be of higher quality and suitable as a foundation for psychotherapeutic work. Equivalent constraints may apply for NLP coaching.

NLP training courses are not substitutes for personal counselling or psychotherapy. We strongly advise that you seek assistance to resolve any major personal issues ahead of commencing training, so that you and your trainee colleagues will be free to enjoy the best possible learning experiences.

Here are some basic criteria which you may find helpful to consider:

- How will the course meet my particular needs or purpose?
- When is a good time to make this kind of personal and financial investment?
- Reputation and experience of the training school
- Will I get the trainer advertised, or someone else?
- Class size may be small, or over 100 – both have pros and cons
- What's the ratio of coaching assistants to the number of trainees?
- How well does each company "walk the talk" when handling my enquiries?
- Amount of home study if it's a part-correspondence course?
- Is there phone or e-support available for any home study?
- Adequate opportunity to practice skills during and after training
- Quality of certification (preferably INLPTA or ANLP)
- Total cash cost of the course
- Instalment or discount schemes
- Cost of travel, hotel accommodation and meals
- Time sacrifice (personal vs. work time)
- Will my certification be acceptable for what I want to do with it next?

Good luck with your research - we hope that you truly enjoy your NLP training, and if you discovered any other criteria that might be useful to add to this list, do tell us.